

Make Your Investment Count When Upgrading Your Sports Facility

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Is it time to upgrade your track or field?

Evaluate your facility to maximize the safety and playability of your sports facility.

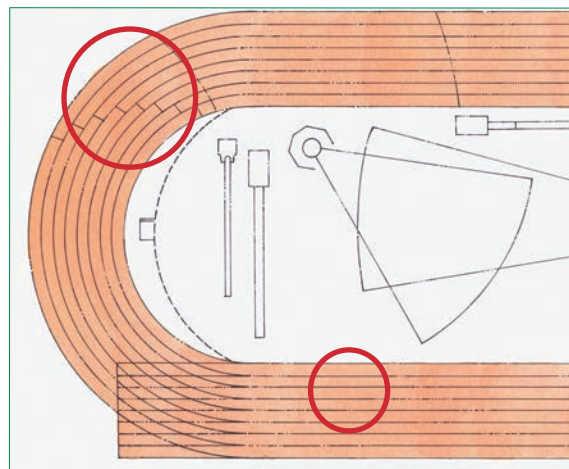
Eventually, all sport surfaces will require repairs or an upgrade in order to provide a safe and competitive facility for athletes. Before considering an investment of this size, it's important to evaluate your turf and track's current conditions. By educating yourself on how to properly assess your facility's condition, you will best understand the extent of repairs needed. It will also help you budget for the expense and have accurate expectations of the outcome of the upgrade.

EVALUATING YOUR FACILITY

In evaluating your facility, things to consider include:

- Age of your facility
- Roadways surrounding the track and access to the roadways
- How much school and/or community use the facility gets
- The current type of surface, including cinder, asphalt, latex, polyurethane
- The condition of the surface, ranging from poor to excellent
- Any bubbling, voids or delamination present
- Existing concrete curb and its location
- Existing chutes
- The slope of the track – inside to outside/ outside to inside
- Any existing fence
- Any existing drainage
- Field events taking place at the track, including long jump, pole vault, high jump, discus, shot put
- Whether the field is constructed using asphalt or concrete
- Natural or synthetic surface in the current field or plans for a synthetic field in the future
- Electric or water sources crossing the field
- Schedule for track use
- Timeline for construction, from beginning to end
- Any other major issues or concerns with your current field

When assessing the condition of your current field, it is often helpful to use a diagram and mark the locations of existing field events, fencing, curbs and drainage.



UNDERSTANDING HIGH SCHOOL AND COLLEGIATE SPORTS STANDARDS

The requirements for competitive sport facilities vary between the high school and collegiate levels.

The National Federation of State High School Associations (NFHS) sets standards for surfaces on which high school athletes are eligible to set records. The Associated Sports Builders Association (ASBA) references those standards for construction guidelines. A good contractor will follow these stringent guidelines. At American Athletic, we also provide a track striper that will include a Class 5 ASBA Certification with every running track.

At various points during the year, the NFHS publishes facility rules and guidelines. To purchase a NFHS book, visit the publications section on the NFHS website at www.nfhs.org.

For facilities hosting competitions at the collegiate level, the National Collegiate Athletic Association (NCAA) sets the requirements. These requirements are strict and should not be left to inexperienced contractors. NCAA requirements include standards for lateral and downward inclination, track border guidelines, specific length and width measurements, and guidelines for the start and finish lines. For a complete list of NCAA facility construction requirements, visit the resources section on the NCAA website at www.ncaa.org.

American Athletic, with our vast experience on projects at both levels, is well-versed with the requirements at both competing levels and can help you navigate through the process while ensuring that all standards are met.

CHOOSING THE BEST PARTNER FOR YOUR FACILITY'S UPGRADE

At American Athletic, our goal has always been to seek perfection with our construction techniques and methods so that each athlete can perform at their highest level on the safest service. We promote athlete safety by constructing and installing laser-controlled precision surfaces that conform to the highest levels of tolerance, minimizing hard, soft and uneven areas. We consistently deliver the best tolerances that meet the

tightest requirements in the industry. We provide detailed inspection reports conducted by our staff and by independent testing/inspection services to verify quality throughout the course of construction and installation.

Based on the condition of your current facility and the level of competition that it is used for, American Athletic will work with you to determine the level of upgrade required. We'll also develop an accurate budget and provide a schedule for the completion of your project.

It's important to check with your local municipality for any possible permit, zoning or storm water management issues.

Your contractor should give you a timeline of when their work will be completed so that you can schedule the work around sports events and have an idea of when activity can resume. We recommend scheduling an upgrade during an off-season so that you do not miss any portion of your athletic season.

A COMPLETE SPORTS BUILDING SOLUTION

Contact American Athletic to get started today. Visit www.trackandturf.com, call our New Jersey location at (800) 427-5705, our Florida location at (800) 430-1190, or email us at info@trackandturf.com.

CHECK YOUR CONTRACTOR'S CERTIFICATIONS

The Certified Track Builder Program was developed by ASBA to help raise professional standards and to improve the practice of track construction. American Athletic is proud to have Certified Track Builders and Certified Field Builders on staff. By passing a comprehensive exam on track construction and maintenance and by fulfilling prescribed standards of experience, our team demonstrates a high level of expertise in track construction. **For more information about ASBA, please visit www.sportsbuilders.org.**





ABOUT AMERICAN ATHLETIC

American Athletic is an award-winning sports facility builder, specializing in the precision construction and installation of running tracks, artificial and natural turf fields, and tennis and multi-purpose courts.

Since 1983, American Athletic has installed over 1,000 sports surfaces and is the only choice for designing and building your athletic facility in order to maximize the performance, durability, safety, and longevity of your investment.

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